



Nature Preserves You Can Visit

Plan your next nature walk on the beautiful public lands protected by Mississippi Valley Conservancy.

1	Wandering Rock State Natural Area*
2	Angel Bluff*
3	Water's Edge Woods*
4	Little Bluff (including Perrot Park addition)
5	Trempealeau Lakes*
6	New Amsterdam Grasslands*
7	Holland Sand Prairie State Natural Area
8	Apple Valley Bluff*
9	Greens Coulee
10	La Crosse River Conservancy*
11	Fish Creek*
12	Black River Bottoms*
13	La Crosse Blufflands North: County B Trailhead
14	La Crosse Blufflands North: County FA Trailhead (Mathy)
15	La Crosse Blufflands North: Rim of the City Road Trailhead (Miller Bluff)
16	La Crosse Blufflands South: Easter Road Trailhead (Hass)
17	La Crosse Blufflands South: Crown Boulevard Trailhead
18	Wilton Hemlocks*
19	Eagle Eye State Natural Area

20	Tunnelville Cliffs*
21	Romance Woods*
22	Cardinal Bluff*
23	Sugar Creek Bluff State Natural Area*
24	Kickapoo Bottoms*
25	Limery Road State Natural Area*
26	Kickapoo Caverns*
27	Plum Creek Conservation Area*
28	Woodman Floodplain State Natural Area*
29	Boscobel Bluff State Natural Area*
30	Borah Creek Prairie State Natural Area
31	Devil's Backbone State Natural Area*
32	Cassville Bluffs State Natural Area *

* Owned and maintained by Mississippi Valley Conservancy

Property 9 is owned and maintained by the City of Onalaska as part of the Onalaska Natural Lands Protection Program. For more information call 608-781-9560 with questions or visit OnalaskaWi.gov/departments/parks_and_recreation/index.php

Properties 13-17 are owned and maintained by the City of La Crosse.

For more information **call the Parks & Rec Department** at 608-789-7533 or visit

www.CityofLaCrosse.org/your-government/departments/parks-recreation-forestry

For trail maps plus additional information about recreational use policy and hunting restrictions on MVC nature preserves, visit our website at MississippiValleyConservancy.org/protected-land or contact us at info@MississippiValleyConservancy.org or 608-784-3606

COLOR KEY

- Has walking trails; see back for descriptions
- Open to public; no designated trails



Enjoy a Walk in Nature!

These properties have walking trails. Download/view trail maps at MississippiValleyConservancy.org/protected-land.

- 1 Wandering Rock State Natural Area**
Choose from one of two out-and-back trails to the top of the bluffs, either 1.2 or 1.6 miles, each leading to spectacular views of the Mississippi River flyway, wildlife, and restoration projects. ☆☆☆
- 4 Little Bluff**
This 0.5-mile out-and-back hike begins with a steep stairway and continues upward to a marker pointing to a blufftop with three earthen mounds, interpretive signs, and a view of the Mississippi River and the Village of Trempealeau. ☆☆
- 5 Trempealeau Lakes**
A 0.75-mile flat, wide loop trail traverses floodplain forest and a tree planting and former pine plantation near spring-fed Second Lake. Trail may be flooded or wet during spring and other high-water periods. ☆
- 6 New Amsterdam Grasslands**
The trails follow the boundaries of an open, rolling prairie. A short loop hike (a little over 1 mile) is open year-round. A longer one (2.8 miles) is closed during nesting season, April, May, June, and July. Great birding! ☆
- 7 Holland Sand Prairie State Natural Area**
The 1.3-mile main loop hike follows the boundaries of an open, rolling prairie. Over 150 plant species have been identified here. ☆
- 9 Greens Coulee**
Greens Coulee comprises a network of trails accessible from Stonebridge Ave. in Onalaska. A 1.2-mile out-and-back hike, accessible from Clifford Dr., connects to the Greens Coulee trails, climbs 440 feet, and ends at a lovely overlook. ☆☆☆
- 13 La Crosse Blufflands North—County B Trailhead**
A 1.6-mile out-and-back hike that climbs almost 500 feet to the top of a bluff. Your reward at the top is a beautiful view of the Mississippi River. ☆☆☆
- 14 La Crosse Blufflands North—County FA Trailhead (Mathy)**
Mostly open, rolling terrain in an old quarry. There's one somewhat steep climb to the quarry's rim. The main loop trail is approximately 2.75 miles. Side trails add another 2.75 miles. ☆☆
- 15 La Crosse Blufflands North—Rim of the City Road Trailhead (Miller Bluff)**
Walk .25 mi on a flat trail to three rocky bluff cliffs overlooking the La Crosse River Marsh. ☆

- 16 La Crosse Blufflands South—Easter Road Trailhead (Hass)**
The main trail is approximately 1 mile (one way), rising 400 feet to a blufftop with a panoramic view of La Crosse. An optional trail leads to a view over a goat prairie and blufflands to the south. ☆☆☆
- 17 La Crosse Blufflands South—Crown Boulevard Trailhead**
A narrow, sometimes steep 2-mile out-and-back trail sits atop a bluff overlooking Mormon Coulee Road and the backwaters of the Mississippi River. ☆☆☆
- 20 Tunnelville Cliffs**
North Trail: This 1.6-mile out-and-back hike follows a ridge past a small goat prairie and ends on a wooded ridge with an overlook. **East Trail:** A 2.5-mile out-and-back hike on gently rolling trails with access to sandstone cliffs and the Kickapoo River. *The entrance to this trail may be flooded during wet periods.* ☆☆
- 21 Romance Woods**
This 1.5-mile out-and-back hike descends through woods on an old logging road. ☆☆
- 22 Cardinal Bluff**
This short hike (0.6 mile out-and-back) along a wooded trail climbs a bluff 340 feet high for a beautiful river view and a look at some interesting rock formations. ☆☆☆
- 23 Sugar Creek Bluff State Natural Area**
A slightly rolling 1.5-mile out-and-back hike along a wooded ridgetop that ends at a wildflower-filled prairie overlooking the Mississippi River. ☆☆
- 27 Plum Creek Conservation Area**
The 1.8 mile out-and-back trail goes through steep and rugged terrain in grasslands and oak woodlands to reach the best view on the property. ☆☆☆
- 29 Boscobel Bluffs State Natural Area**
The main trail, approximately 1.5 miles one-way, climbs 400 feet from the trailhead along an old logging road through woods and prairie. ☆☆☆
- 30 Borah Creek Prairie State Natural Area**
Cross a scenic remnant prairie on a gently sloping 1 mile (out-and-back) farm road southwest of Fennimore. ☆☆
- 32 Cassville Bluffs State Natural Area**
Hike 1.9 miles (out-and-back) through lowland and upland oak-hickory forests to the restored blufftop grassland just south of Cassville. ☆☆

Trail difficulty: ☆ = Easy ☆☆ = Medium ☆☆☆ = Challenging

Visit MississippiValleyConservancy.org and click on **Nature Preserves** at the top of the page for interactive and downloadable maps, treasure hunts, and recreational use policies.



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